

Sweden Bahá'í Summer School
July 2026

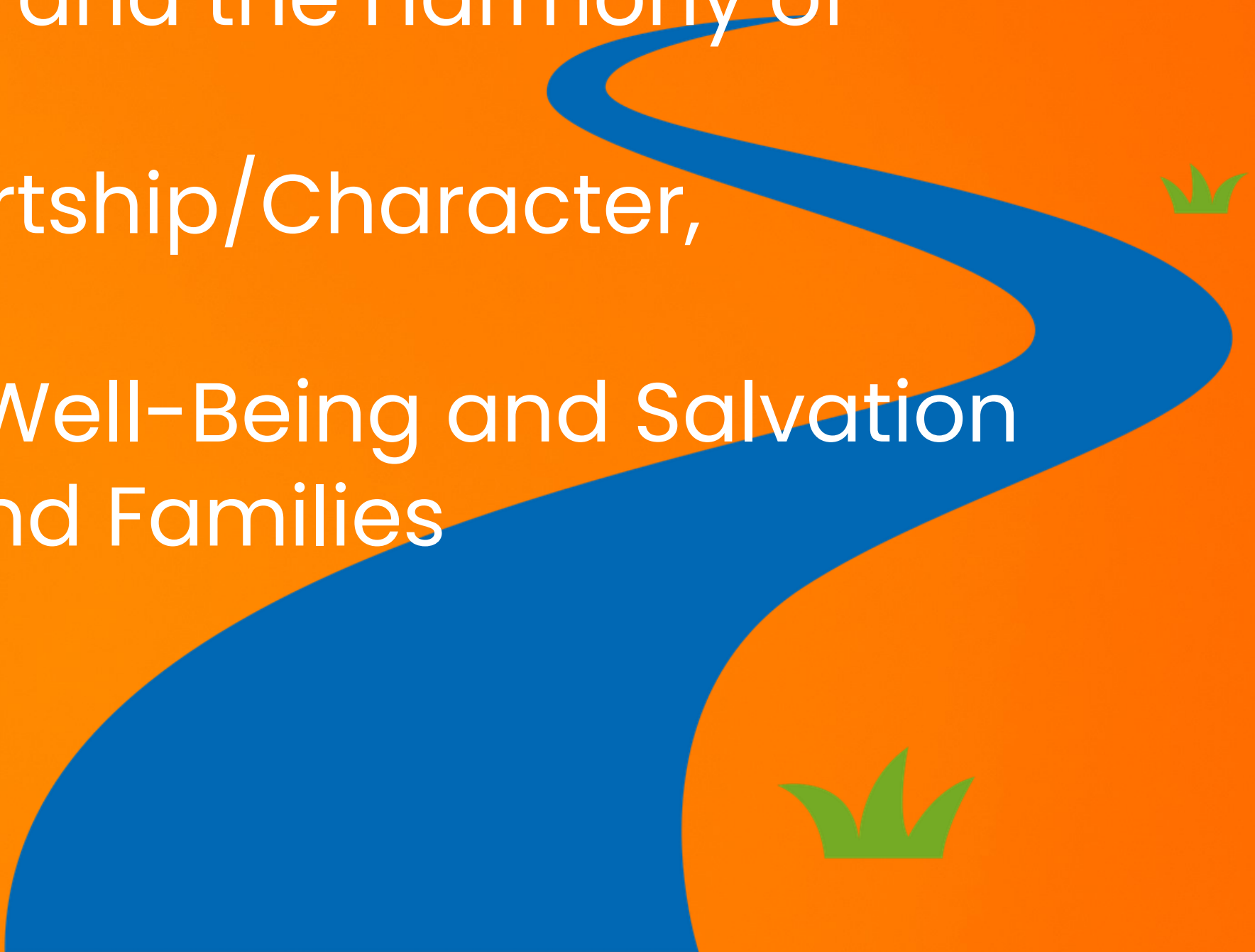
Reflection, Consultation, & Making Plans



Presenter
Susanne M. Alexander
Marriage Transformation®

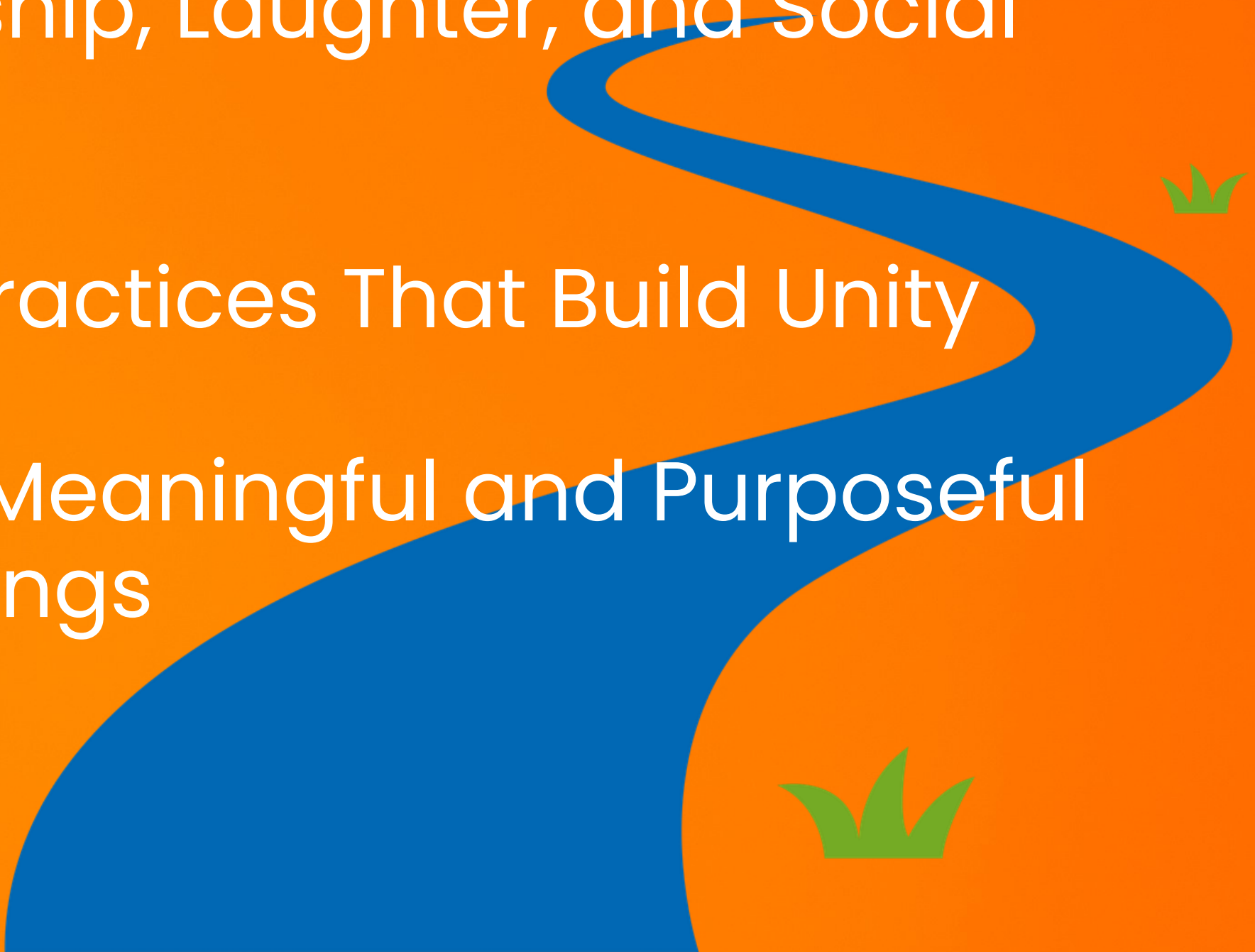
Topics

In the morning sessions, we talked about:

- Why Marriage and Family? and the Harmony of Science & Religion
 - Marriage Preparation, Courtship/Character, Parental Consent
 - Marriage as a Fortress for Well-Being and Salvation
 - Creating New Marriages and Families
 - Equality and Respect
 - Building Consultation Skills
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Topics

In the afternoon sessions, we talked about:

- Creating Unity with Friendship, Laughter, and Social Vitality
 - Positive Communication Practices That Build Unity
 - Parenting Children to Live Meaningful and Purposeful Lives; Holding Family Meetings
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Topics

The youth talked about:

- Self-Preparation for Relationships/Marriage
 - Choosing a Potential Partner
 - Service As Partners
 - Courtship
 - Marriage and Parental Consent
 - Chastity
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Summer School Was Designed to Empower You to:

1. Appreciate "Marriage and Family Life As a Building Block of Society" (The theme set by the National Spiritual Assembly of Sweden)
2. Align your approaches to relationships, marriage, and family with guidance from the teachings of the Bahá'í Faith
3. Strengthen your learning-in-action practice of new behaviors in marriage and family
4. Have conversations with those you know about the importance of marriage and family life and "new" behaviors
5. Include marriage and family life as part of building flourishing communities

Learning-in-Action Process

- **Study** (spiritual guidance, general information...)
- **Consult** (build understanding; make unified decisions)
- **Act** (carry out decisions in unity)
- **Reflect** (observe and assess throughout action and again at the end)



Activity

**Pause and reflect
individually on what you
have learned this week**



Consider and Choose Your Individual Goals – Some Possibilities Could Be:

- Strengthen Important Virtues
- Build Communication Skills
- Have Conversations with Friends About Marriage
- Increase Laughter in the Home
- Prepare for a Relationship and Marriage
- Participate in Study Circles: Ruhi Book 12, “Family and the Community” (12.1 “The Institution of Marriage” and 12.2 “An Expanding Conversation on the Education of Children”)





Consult and Choose Your Couple Goals – Some Possibilities Could Be:

- Increase Equality and Partnership (Specific Actions)
- Increase Respect (Specific Words and Actions)
- Increase Love and Unity (Specific Words and Actions)
- Build Communication and Consultation Skills
- Offer Hospitality
- Serve in Marriage, Family, and Community Building
- Expand Your Circle of Friendship
- Make Conscious/Consultative Time and Service Choices
- Participate in Ongoing Marriage Education
- Participate in Ruhi Book 12 Study Circles





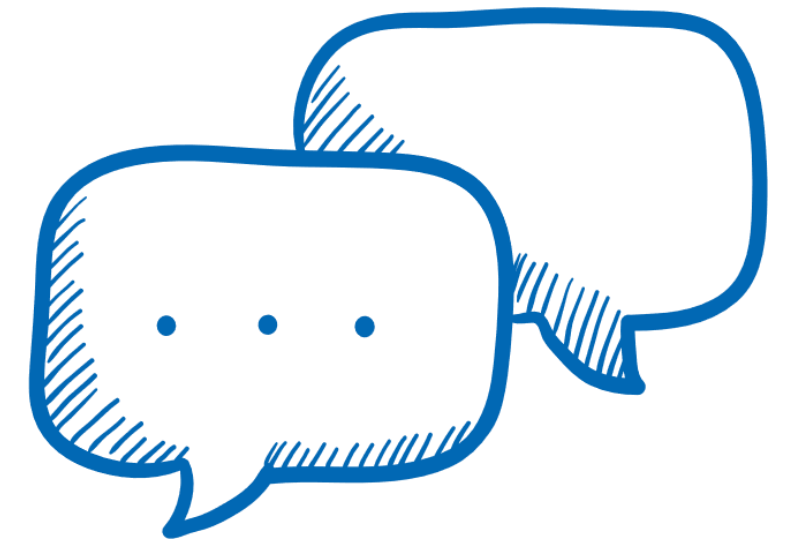
Consult and Choose Your Family Goals – Some Possibilities Could Be:

- Create a Family Vision Statement
- Hold Regular Family Meetings/Consultations
- Plan and Carry Out Unity-Building Activities
- Serve Within the Family and Outward
- Manage Finances with Excellence
- Participate in Children's Classes
- Participate in Junior Youth Groups
- Participate in Study Circles
- Host Devotional Gatherings
- Offer Hospitality and Do Home Visits with Other Families





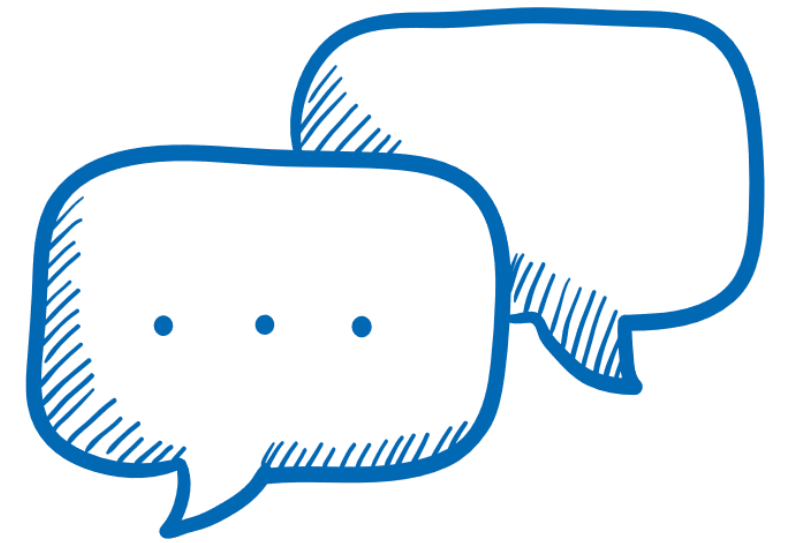
Activity



What are some of the ways that you will build marriages, families, and communities in the coming year?

På vilka sätt kommer du att bygga äktenskap, familjer och samhällen under det kommande året?

Activity



Character Virtue Acknowledgements

**You are invited to be
a marriage, family,
and community
builder!**



**Du inbjuds till att bli
en äktenskaps-,
familje- och
samhällsbyggare!**



Invite Your Family and Friends to Participate!



***Thank You
Tack***



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